



FenuSMART[®]



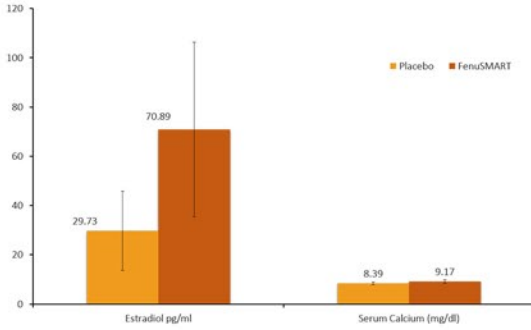
PATENTED

NATURE'S CHOICE FOR WOMEN HEALTH

Fenugreek (*Trigonella Foenum Graecum*), a miracle plant widely cultivating India, is a GRAS-listed kitchen spice and medicinal herb to treat an array of health functions of men and women for centuries. FenuSMART[®] is a 20 to 25:1 ethanolic extract of Fenugreek seeds standardised for various bioactive phytonutrients and clinically validated for safety and efficacy in human.

Enhances estradiol and serum calcium levels naturally

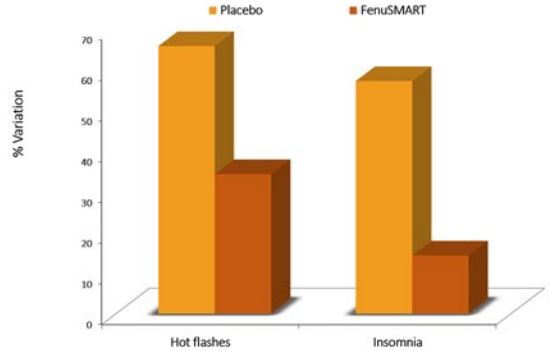
Phytotherapy Research, 2016;30(11): 1775-1784



Variation of estradiol and serum calcium levels in postmenopausal women at baseline and after 90 days of treatments. Δ estradiol, $p < 0.001$ FHE versus placebo and Δ serum calcium, $p < 0.05$ FHE versus placebo.

FenuSMART® reduces hot flashes & insomnia

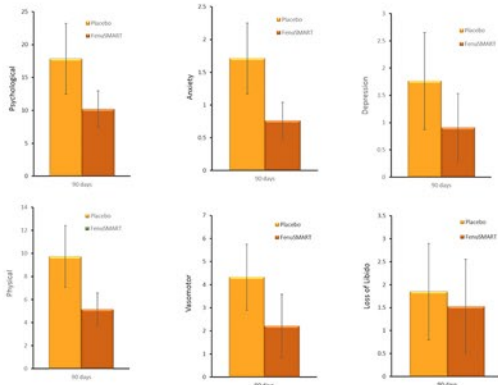
Phytotherapy Research, 2016;30(11): 1775-1784



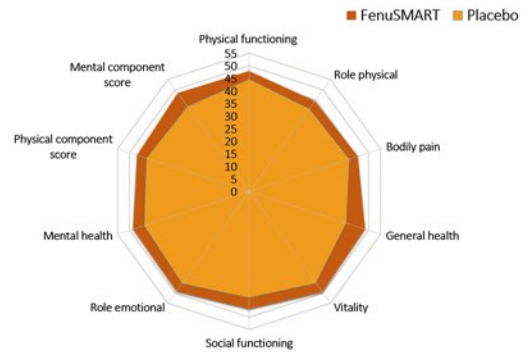
Effect of FenuSMART® on % variation of hot flashes and insomnia in postmenopausal women at baseline and after 90 days of treatments

Improves the quality of life & relieves climacteric symptoms

Phytotherapy Research, 2016;10.1002/ptr.5680



Effect of FHE supplementation on the postmenopausal symptoms of subjects as represented by the change in GCS score of participants on active and placebo at baseline and after 90 days.



Spydergram summarizing the mean Short Form-36 Health Survey (SF-36®) domain scores of participants on FHE and placebo groups.

✦ *Sureshkumar et al.,(2017) Safety assessment of a saponin-rich standardized extract of fenugreek seeds (FenuSMART®): Acute, sub-chronic and genotoxicity studies. **Toxicology Reports (Accepted)***

✦ *Begum et al., (2016). A Novel Extract of Fenugreek Husk (FenuSMART®) Alleviates Postmenopausal Symptoms and Helps to Establish the Hormonal Balance: A Randomized, Double-Blind, Placebo-Controlled Study. **Phytotherapy Research 30(11): 1775-1784.***

These statements have not been evaluated by the Food and Drug administration. This product is not intended diagnose, treat, cure or prevent any disease

Spiceuticals®

Unlocking the nutritional secrets of spices